

HELPFUL RESOURCES

PCOA – Pima Council on the Aging 1350 N. Kolb Rd. (520)790-0504
www.pcoa.org Offerings: legal help, meals/nutrition, careers, transportation, housing & help at home

The Watermark at Continental Ranch 8689 N. Silverbell Rd.
(520) 789-6690 Assisted Living and Memory Care Community.
Call for a tour!

Marana Health Center 13395 N. Marana Main St. (520) 682-4111
Medical, Dental and Urgent Care needs.

Marana Food Bank and Community Resource Center (520) 697-0022
11734 W. Grier Rd. Food boxes, tax information and volunteers are appreciated

Sun Shuttle Dial-A-Ride (520) 792-9222 SunTran.com/Sun Shuttle
Sun Shuttle Dial a Ride is a transit service funded by the Regional Transportation Authority. [Instagram.com/suntran_tucson](https://www.instagram.com/suntran_tucson)
[facebook.com/suntrantucson](https://www.facebook.com/suntrantucson)

***Refer to inside schedule for class days, times, and locations**

MEMBER ENROLLMENT

Sign-up for your 5 **FREE** Days,

4 Month \$20 or Annual Membership \$40. **NEW** \$2.00 drop in fee

Invite your friends and family for 5 single days of attendance to the Marana Senior Program.

One trial pass per person. Some activities are subject to an additional fee.

Expires 30 days from date of activation. New members only.

*Registration and new account creation required.

IN TOUCH

SENIOR
PROGRAM
NEWSLETTER



January 2025

HIGHLIGHTS

- ◇ Special Events
- ◇ Senior Program Activities
- ◇ Program Highlight

Wow,

Can you believe 2024 is almost over? It's been an amazing year for us! We kicked things off by reaching 500 active memberships back in January. We've added many fun classes to our schedule and introduced some exciting new ideas to our program. Our community finally welcomed a grocery chain store, among other great developments.

As we look ahead to 2025, we're filled with excitement for what's in store for our community! We can't wait for the new Marana Aquatic Recreation Center to open later in the year. Plus, we have some brand-new activities planned that we believe you're really going to love. Our goal is to welcome 500 more active members!

CONTACT US

Marana Senior Center
13250 N. Lon Adams Rd.
Marana AZ. 85653
520-382-1950

We want to express our heartfelt gratitude to each one of you for your support and presence throughout the year. Your contributions and dedication have made a remarkable difference, and we truly appreciate every one of you. As we approach the New Year, we eagerly anticipate celebrating with all of you and creating unforgettable memories together!

Happy New Year!

2025 Town Observed Holidays

January 1 - New Year's Day / CLOSED

January 20 - MLK Holiday / CLOSED

February 17 - President's Day

May 26 - Memorial Day

July 4 - Independence Day

September 1 - Labor Day

November 11-Veterans Day

November 27 - Thanksgiving Day

November 28 - After Thanksgiving

December 24 - Christmas Eve

December 25 - Christmas Day

December 31- New Year's Eve

**All ACTIVITIES are subject to change

PAINT WITH MAEVE

Location: Marana Community Center

Time: 9-11 AM

Date: Monday, January 13th

Sign up required, sheet in dining room

For cancellations or to sign up call

Tammy @ 520-419-0221

* Please do not call front desk to sign up. Sign up on **Friday, Jan. 31 for February's picture**



Introduction To The Game Of Pickleball For The Month Of January

Resumes: Wednesday, January 8th

Time: 9-10 AM

We will be holding beginner classes with experienced pickleball players welcome to assist.

**Class will be held at the Ora Mae Harn Park Pickleball court.

Sign up required, sheet in dining room / Community Center



MCC Activities:

CLOSED: Monday, Jan. 1st New Years Day

Monday, Jan. 6th: 11am - Noon Gym Equip Training (sign up required/main dining room)

Thursday, Jan. 9: Chair Volleyball

Monday, Jan. 20: CLOSED MLK Holiday

Wednesday, Jan. 22: El Rio Park Tour, 9:30 am - 3 pm (limited to 10, sign up required/main dining room)

Wednesday, Jan. 29th: 1-3 PM Bunco

Wednesday, Feb. 5th: Tubac Arts Festival \$25.00 per person transportation 8:30 AM – 5 PM / no entry fee

Class Cancellations:

Zumba Classes: Friday, Jan. 3

Zumba Classes: Friday, Jan. 31/ Dance Fusion w/ Robin

Dance Fusion: Canceled Indefinitely

Strength, Stretch & Balance: Canceled Indefinitely

WEEKLY ACTIVITIES BY SITE



Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
8 AM - 4 PM: Fitness Room 9:30 - 10:30 AM: Bone Builders 11 AM - 2 PM: Ping Pong Noon - 1 PM: Member Pot Luck Lunch 1-2:30 PM: Bingo	8- 4 PM: Fitness Room 9-10 AM: Yoga 10:15 - 11 AM: Chair Yoga 10 AM - Noon: Knit & Crochet 1- 3 PM : Jewelry /Beading Class 1- 4 PM: Advanced Mah Jongg ** CLOSED - Dec 31st	8 AM - 4 PM: Fitness Room 9-10 AM: Beginner Zumba Gold 10:15 - 11AM: Chair Zumba 11:15 - 12:15 PM: Bone Builders 1- 3 PM: Beginner Mah Jongg ** CLOSED - Jan. 1	8 AM - 4 PM: Fitness Room 8:30 - 9:25 AM: Beg./Inter. Line Dance 9:30 - 10:30 AM: Advance Line Dance 11AM - Noon: Chair Volleyball 11AM - 3 PM: Quilters Club 1-4 PM: Advanced Mah Jongg	8AM - 4 PM: Fitness Room 8:30- 9:30 AM: Yoga 9:30 AM - Noon: Table Games 9:45 - 10:45 AM: Zumba Gold 11- 11:45 AM: Chair Zumba Noon - 1 PM: Bone Builders Noon - 1PM: Member Pot Luck Lunch 1PM - 2:30 PM: Bingo



9:15 - 10:00 AM: Chair Yoga 10:30 - 11:30 AM: Yoga	10:30 AM - Noon: Bingo 1- 2 PM: Beginner Tai Chi 2- 3 PM: Advanced Tai Chi	8:45-9:45 AM: Beg./Inter. Line Dance 10 - 11 AM: Advanced Line Dance	10:30 AM-3:30 PM: Table Games	
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