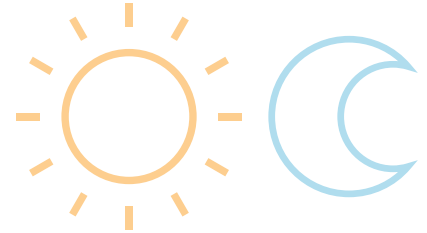
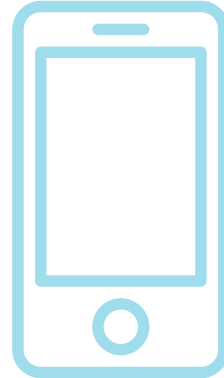


# HELLO



## TALK TO A NURSE ANYTIME, DAY OR NIGHT

**365 days a year, at no cost to you.**

Health problems rarely happen when it's convenient. That's why at Blue Cross® Blue Shield® of Arizona we make getting answers to your health questions as easy as possible with Nurse On Call. For no additional cost, you can talk to a registered nurse anytime—days, nights, weekends, and holidays—from wherever you are.

Caring nurses can talk to you about your symptoms and help you decide if you should take care of your issues at home or seek care from your primary care provider, urgent-care center, or emergency room (ER).

### **NURSE ON CALL** can help answer questions about:



**SYMPTOMS YOU  
ARE HAVING**



**MEDICAL TESTS  
AND MEDICATIONS**



**MINOR INJURIES  
OR ILLNESSES**



**PREPARING FOR  
DOCTOR VISITS**



**CHRONIC  
CONDITIONS**



**PREVENTIVE CARE**

## **NURSE ON CALL**

**1-866-422-2729**  
**TTY: 711**

Add the number to your phone so it's handy when you need it.

Get help in more than 200 languages through translation services.