

# Counseling

## Your Employee Assistance Program (EAP)

There are times when speaking with someone can help & the support can get you back on track.

*Your EAP offers short-term counseling for a variety of personal issues.*



### Frequent Topics for Counseling

Addiction	Grief / Loss
Child & Teen issues	Incarceration
Chronic Illness	Legal Matters
Depression / Anxiety	Parenting
Suicidal / Homicidal Ideation	Relationships
Divorce / Separation	Stress Management
Emotional turmoil	Substance Abuse
Finances	Work Issues

*Any issue affecting your quality of life*

### Licensed professional clinicians

*Same day appointments available for urgent/crisis callers,  
or facilitation of immediate hospitalization*

### Multiple office locations

Variety of expertise represented

Customized to your need and location

### To speak with an EAP Intake Counselor:

toll free

**800-343-3822**

TDD

**800-448-1823**

Teen line

**800-334-TEEN**

(8336)



*You will have a confidential  
conversation with a trained  
professional to review your  
situation and provide you with  
options for the services that are  
available to you.*

**Call us anytime**

**24 | 7 | 365**

**800-343-3822**

Your EAP is provided to you at NO  
COST and is 100% CONFIDENTIAL.

512-328-1144

800-343-3822

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A **wap** Program

